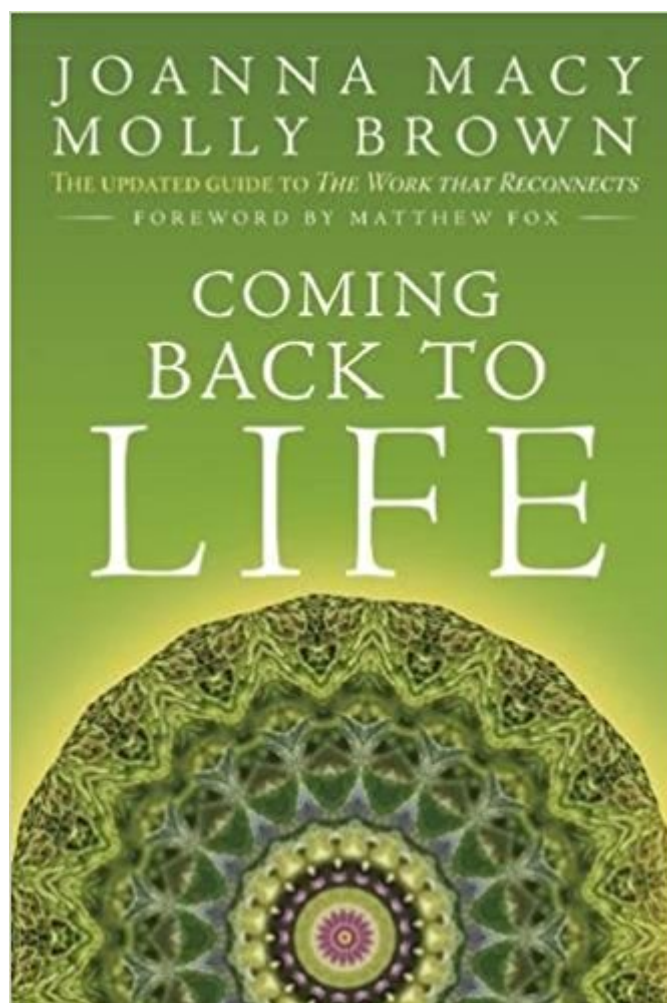


The book was found

Coming Back To Life: The Updated Guide To The Work That Reconnects



Synopsis

Deepening global crises surround us. We are beset by climate change, fracking, tar sands extraction, GMOs, and mass extinctions of species, to say nothing of nuclear weapons proliferation and Fukushima, the worst nuclear disaster in history. Many of us fall prey to despair even as we feel called to respond to these threats to life on our planet. Authors Joanna Macy and Molly Brown address the anguish experienced by those who would confront the harsh realities of our time. In this fully updated edition of *Coming Back to Life*, they show how grief, anger, and fear are healthy responses to threats to life, and when honored can free us from paralysis or panic, through the revolutionary practice of the Work that Reconnects. New chapters address working within the corporate world, and engaging communities of color as well as youth in the Work. The Work that Reconnects has spread around the world, inspiring hundreds of thousands to work toward a life-sustaining human culture. *Coming Back to Life* introduces the Work's theoretical foundations, illuminating the angst of our era with extraordinary insight. Pointing the way forward out of apathy, it offers personal counsel as well as easy-to-use methods for group work that profoundly affect peoples' outlook and ability to act in the world. Joanna Macy is a scholar, eco-philosopher, teacher, activist, and author of twelve previous books including *Coming Back to Life*. Molly Young Brown is a teacher, trainer, counselor, and author of four previous books on psychology and Earth-based spirituality.

Book Information

Paperback: 352 pages

Publisher: New Society Publishers; Revised ed. edition (November 11, 2014)

Language: English

ISBN-10: 0865717753

ISBN-13: 978-0865717756

Product Dimensions: 1 x 5.2 x 8.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 13 customer reviews

Best Sellers Rank: #115,768 in Books (See Top 100 in Books) #33 in [Books > Religion & Spirituality > New Age & Spirituality > Gaia](#) #277 in [Books > Science & Math > Environment > Environmentalism](#) #491 in [Books > Science & Math > Nature & Ecology > Conservation](#)

Customer Reviews

Deepening global crises surround us. We are beset by climate change, fracking, tar sands

extraction, GMOs, and mass extinctions of species, to say nothing of nuclear weapons proliferation and Fukushima, the worst nuclear disaster in history. Many of us fall prey to despair even as we feel called to respond to these threats to life on our planet. Authors Joanna Macy and Molly Brown address the anguish experienced by those who would confront the harsh realities of our time. In this fully updated edition of *Coming Back to Life*, they show how grief, anger and fear are healthy responses to threats to life, and when honored can free us from paralysis or panic, through the revolutionary practice of the Work that Reconnects. New chapters address engaging communities of color, children and teens in the Work. The Work that Reconnects has spread around the world, inspiring hundreds of thousands to work toward a life-sustaining human culture. *Coming Back to Life* introduces the Work's theoretical foundations, illuminating the angst of our era with extraordinary insight. Pointing the way forward out of apathy, it offers personal counsel as well as easy-to-use methods for group work that profoundly affect peoples' outlook and ability to act in the world.

Joanna Macy is a scholar, eco-philosopher, teacher and activist who has developed an international following in over 30 years as a speaker and workshop leader on Buddhist philosophy and the deep ecology movement. She is the author of 8 books including the original *Coming Back to Life* and *Widening Circles*, and she has produced a 3-DVD set entitled *The Work that Reconnects*. Molly Young Brown has been a trainer, workshop leader and consultant for many years. The author of three previous books on spirituality and healing the environment, including *Growing Whole: Self-Realization on an Endangered Planet*, she teaches at the Graduate School of Holistic Studies at John F. Kennedy University, and is based in the San Francisco Bay area.

Coming Back to Life is one of the important books of our time. The view of the world and these times that Joanna and Molly offer is clear and compelling. And for me it is spot on. The exercises and processes they share are powerful. They offer us guidance for working with groups of people to stand awake in this world and to step forward to make a difference. Lately I've been using this framework as a core part of my work in Japan -- both in the 3.11.11 disaster area as well as in other parts of the country. The space it opens up for people is incredible. It is a space where we can dance with our grief and celebrate our joy. It is the space in which we create the future we want.

We need more people to read this and understand its significance to the times we live in. Easy to understand, good for teachers, facilitators of group work, people who want the change toward a new

sustainable world to be for our spirits as well as the physical world around us.

An updated version of Joana Macy's work. A "how to" prescription on making social change. Full of heart, great ideas, and practical things anyone can do.

Pivotal, elemental ! critical reading

Excellent! I am registered for a week-long retreat as a result of this book!

Thank you

This is a primer for life at this time in our history, filled with specific ways that you and your community can face the deep challenges we face... and unleash the creativity and courage that live on the other side of fear and numbness.

Highly significant message in how to conduct our lives given the serious issue of Climate Change!

[Download to continue reading...](#)

Coming Back to Life: The Updated Guide to the Work that Reconnects Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) How I Learned to Snap: A Small Town Coming-Out and Coming-of-Age Story How I Learned to Snap: A Small-Town Coming-Of-Age & Coming-Out Story Company's Coming for Christmas (Company's Coming Special Occasion) Work. Pump. Repeat.: The New Mom's Survival Guide to Breastfeeding and Going Back to Work The Practicum Companion for Social Work: Integrating Class and Field Work (4th Edition) (Merrill Social Work and Human Services) Live & Work in Belgium, The Netherlands & Luxembourg, 3rd (Live & Work - Vacation Work Publications) Good Sex: A Sex Guide for Women on How to Give Men What They Want and Keep Them Coming Back for More The Real Crash: America's Coming Bankruptcy How to Save Yourself and Your Country Updated For 2016 Dogs That Know When Their Owners Are Coming Home: Fully Updated and Revised Windows 10: The Ultimate 2017 Updated User Guide to Microsoft Windows 10 (2017 updated user guide, tips and tricks, user manual, user guide, Windows 10) Work Clean: The life-changing power of mise-en-place to organize your life, work, and mind The Unquenchable Worshipper: Coming Back to the Heart of Worship (The Worship Series) Coming Back Stronger: Unleashing the Hidden

Power of Adversity Keep coming back The Unfinished Revolution: Coming of Age in a New Era of Gender, Work, and Family Childhood on the Farm: Work, Play, and Coming of Age in the Midwest FrameWork for the Lower Back: A 6-Step Plan for a Healthy Lower Back (FrameWork Active for Life) Breaking Back: How I Lost Everything and Won Back My Life

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)